



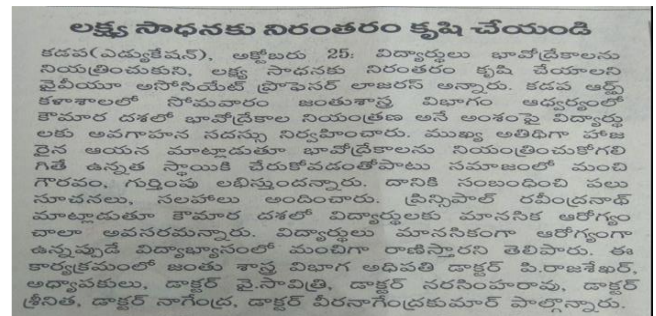
Government College for Men
(Autonomous) Kadapa-516004, Andhra Pradesh
NAAC Accredited at "B" Grade
ISO 9001-2015 Certified Institution



AY: 2021-2022

2.3.2 Counselling on Psychological Issues

1. Title of the Activity : **Mental health during Adolescence**
2. Organizing Department : **Zoology**
3. Name of the Organizer : **Dr. P. Ravi Shekar**
4. Activity Conducted for : **UG Students**
5. Date : **25/10/2021**
6. Resource Person : **Dr.V.Lazarus**
7. Collaborator :
8. No. of Beneficiaries : **Students: 50 Faculty: 12**



కొమారదశలో భావోద్వేగాల నియంత్రణ అవసరం

ప్రిన్సిపాల్ డా. జి. రవీంద్రనాథ్

అలోగ్యం రాదా అవసరమన్నారు. మానసికంగా అలోగ్యంగా ఉన్నప్పుడే విద్యార్థులు విద్యాభ్యాసం చేయగలిగిస్తారని అవసరం ఉందని కడప ప్రభుత్వ పురుషుల కళాశాల ప్రిన్సిపాల్ డా. జి. రవీంద్రనాథ్ అన్నారు. సోమవారం కళాశాల జంతుశాస్త్ర విభాగం ఆధ్వర్యంలో 'కొమార దశలో భావోద్వేగాల నియంత్రణ-అవశ్యకత' అన్న అంశంపై అవగాహన కార్యక్రమం నిర్వహించారు. ఈ సందర్భంగా ప్రిన్సిపాల్ మాట్లాడుతూ విద్యార్థులకు మానసిక

సాక్షి Tue, 26 October 2021
<https://epaper.sakshi.com/c/63958675>

Brief Description with Outcomes:

Dr. P. Ravi Shekar, serving as the Convenor in the Zoology department at Government College for Men (A), Kadapa, organized the activity "Counselling on Psychological Issues" tailored for faculty members. This college-level offline counseling session took place on October 25, 2021, focusing on the critical theme of "Mental health during Adolescence," in accordance with metric 2.3.2.

In the execution of this event, the department collaborated with Dr. V. Lazarus, who served as the resource person. It is pertinent to acknowledge the unwavering support of Principal Dr. G. Ravindranath, whose assistance contributed significantly to the successful implementation of the Counselling on Psychological Issues.

The counseling session delved into the importance of mental health during adolescence, catering to the well-being of faculty members. A total of 50 students and 12 faculty participants actively engaged in the session, fostering an environment of support and understanding. The collaboration with Dr. V. Lazarus showcased the department's commitment to addressing crucial aspects of mental health. The backing of Principal Dr. G. Ravindranath underscored the college's dedication to promoting a healthy and supportive academic environment for both students and faculty.





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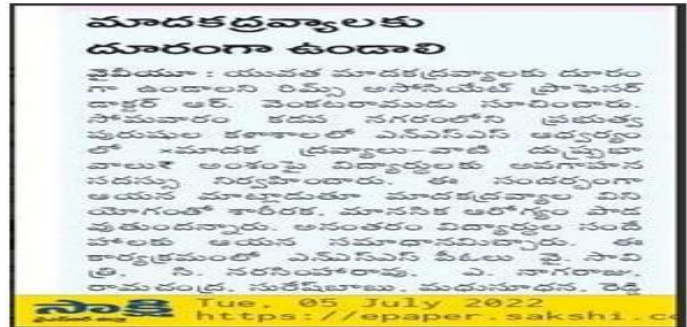
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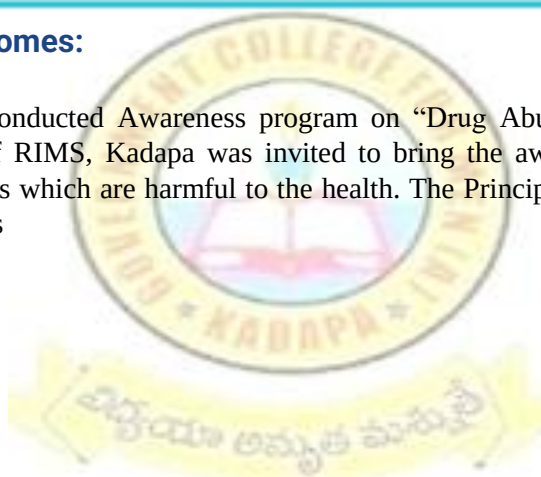
2.3.2 Counselling on Psychological Issues

1. Title of the Activity : **DRUG ABUSE AND EFFECT ON YOUTH**
2. Organizing Department : **NSS**
3. Name of the Organizer : **Dr. Y. Savithri**
4. Activity Conducted for : **I Year UG Students**
5. Date : **04/07/2022**
6. Resource Person : **Dr. Venkata Ramudu, Associate Professor RIMS**
7. Collaborator :
8. No. of Beneficiaries : **Students: 30 Faculty: 2**



Brief Description with Outcomes:

The NSS Unit of the college conducted Awareness program on "Drug Abuse and Effect on Youth". Dr. Venkata Ramudu, Associate Professor of RIMS, Kadapa was invited to bring the awareness on drug abuse. He advised the students to be careful about drugs which are harmful to the health. The Principal also participated and gave message to the students to avoid taking drugs



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AY: 2021-2022

2.3.2 Counselling on Psychological Issues

1. Title of the Activity : Awareness Talk on 'Mental Wellness'
2. Organizing Department : Women Empowerment Cell (WEC)
3. Name of the Organizer : Dr. U. Ramya Jyothi
4. Activity Conducted for : UG Students
5. Date : 06/09/2022
6. Resource Person :
7. Collaborator : Prajapitha Bramhakumari Eswareeya Viswavidyalayam
8. No. of Beneficiaries : Students: 65 Faculty: 3



Brief Description with Outcomes:

Dr. U. Ramya Jyothi, a dedicated Lecturer at Government College for Men (A), Kadapa, took the lead in organizing an insightful activity under the Women Empowerment Cell (WEC). The focus of this college-level event was on Mental Wellness, aligning with metric 2.3.2 - Counselling on Psychological Issues. The target audience for this awareness talk comprised undergraduate students, and it was conducted offline on the 6th of September 2022.

Principal Dr. G. Ravindranath's invaluable support significantly contributed to the successful execution of the program. Collaborating with Prajapitha Bramhakumari Eswareeya Viswavidyalayam added depth to the event. The Awareness Talk on 'Mental Wellness' facilitated by the esteemed organization witnessed active participation from 65 students and 3 faculty members. This initiative aimed to foster mental well-being and psychological awareness among the college community.



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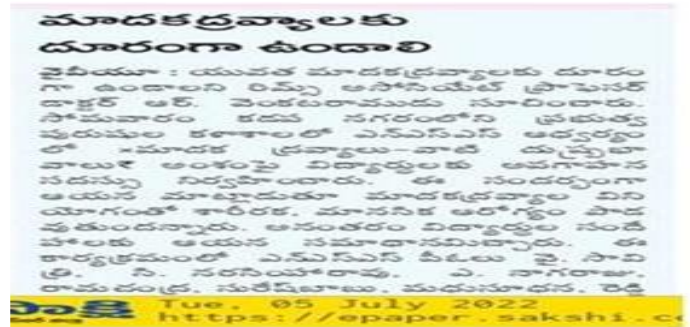
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AY: 2021-2022

2.3.2 Counselling on Psychological Issues

1. Title of the Activity : **Awareness talk on Drug Abuse & Counselling on Psychological issues**
2. Organizing Department : **NSS**
3. Name of the Organizer : **Dr. Y. Savithri**
4. Activity Conducted for : **UG Students**
5. Date : **04/07/2022**
6. Resource Person : **DR.Y.SAVITHRI**
7. Collaborator :
8. No. of Beneficiaries : **Students: 30 Faculty: 5**



Brief Description with Outcomes:

Government College for Men (A), Kadapa, spearheaded a crucial "Counselling on Psychological Issues" initiative under the guidance of Dr. Y. Savithri, a dedicated NSS lecturer. This college-level offline activity, titled "Awareness Talk on Drug Abuse & Counselling on Psychological Issues," took place on 4th July 2022, with indispensable backing from Principal Dr. G. Ravindranath.

In collaboration with the Zoology department, Dr. Y. Savithri organized and conducted the event, emphasizing awareness about drug abuse and providing counselling for psychological issues. The brief description underscored the importance of addressing mental health concerns among UG students. The initiative drew active participation from 30 students and 5 faculty members, resulting in heightened awareness and support for psychological well-being. This aligns with the college's commitment to nurturing a campus community that prioritizes holistic student development and well-being.



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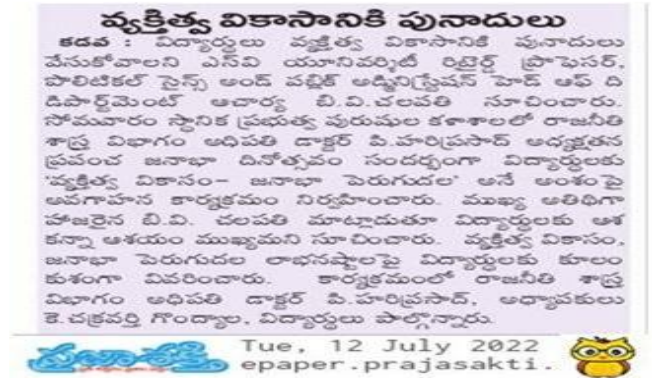
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AY: 2021-2022

2.3.2 Counselling on Psychological Issues

1. Title of the Activity : **Awareness Program on Personality Development**
2. Organizing Department : **Political Science**
3. Name of the Organizer : **Dr. P. Hari Prasad**
4. Activity Conducted for : **UG Students**
5. Date : **10/07/2022**
6. Resource Person : **DR.P.HARI PRASAD**
7. Collaborator :
8. No. of Beneficiaries : **Students: 15** **Faculty: 2**



Brief Description with Outcomes:

The Department of Political Science organized a guest lecture on "Personality development by inviting retired Professor B.V Chalapathy and Head, Dept of Political Science and Public Administration, SV University, Tirupati. The students interacted with the speaker and got enlightened to develop their personality to achieve set goals.



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AY: 2021-2022

2.3.2 Counselling on Academic Issues

1. Title of the Activity : **Pariksha Pe Charcha Proramme**
2. Organizing Department : **Zoology**
3. Name of the Organizer : **Dr. P. Ravi Shekar**
4. Activity Conducted for : **III Year UG Students**
5. Date : **01/04/2022**
6. Resource Person :
7. Collaborator :
8. No. of Beneficiaries : **Students: 25 Faculty: 3**



Brief Description with Outcomes:

The organizer of the activity, Dr. P. Ravi Shekar, a lecturer at Government College for Men (A), Kadapa, conducted the "Counselling on Academic Issues" program. This initiative, targeted towards third-year undergraduate students, took place offline on April 1, 2022, at the college level. The activity aimed to raise awareness about examinations and assist students in creating a study schedule. The event featured the "Pariksha pe charcha" program with a minister.

Acknowledging the support of Principal Dr. G. Ravindranath in executing the activity, the collaboration involved 25 students and 3 faculty members. The counselling session served as a platform for students to discuss academic concerns, enabling them to better prepare for upcoming exams.



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AY: 2018-2019

2.3.2 Counselling on Academic Issues

1. Title of the Activity : **Counseling on Career Development**
2. Organizing Department : **Women Empowerment Cell (WEC)**
3. Name of the Organizer : **N. Sivaparvathi**
4. Activity Conducted for : **III Year Women Students**
5. Date : **04/01/2018**
6. Resource Person :
7. Collaborator :
8. No. of Beneficiaries : **Students: 15 Faculty: 2**



Brief Description with Outcomes:

At Government College for Men (A) in Kadapa, the Women Empowerment Cell (WEC), led by the Coordinator, N. Sivaparvathi, organized a meaningful activity aimed at supporting women students in their academic journey. The event, titled "Counselling on Academic Issues," took place during the academic year 2018-2019 and specifically targeted third-year students.

The Counseling session focused on Career Development, addressing academic challenges and providing guidance for future endeavors. The Coordinator, N. Sivaparvathi, encouraged the students to work hard to achieve high percentages in their respective subjects. Additionally, the session aimed to instill confidence in students to face challenges prevalent in society.

The key outcomes of the "Counselling on Academic Issues" initiative were centered around empowering women students to overcome academic hurdles and build confidence for the future. By addressing individual concerns and providing personalized guidance, the activity contributed to the holistic development of the participants. This aligns with the college's dedication to supporting its students in their educational pursuits and preparing them for future challenges.



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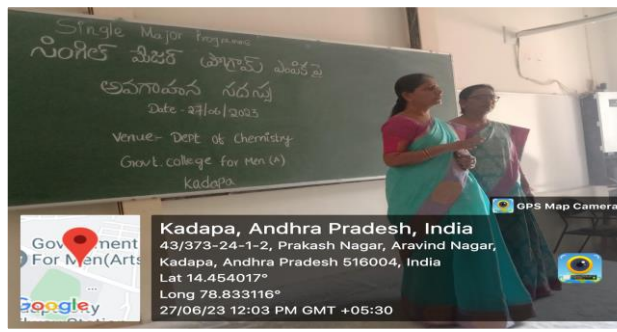
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AY: 2022-2023

2.3.2 Counselling on Academic Issues

1. Title of the Activity : **Awareness on Single Major Programme**
2. Organizing Department : **Chemistry**
3. Name of the Organizer : **Dr. B. Ramachandra**
4. Activity Conducted for : **UG Students**
5. Date : **27/06/2023**
6. Resource Person : **Faculty of Chemistry ,GCM (A) kadapa.**
7. Collaborator : **Dr.B.Rajeswari**
8. No. of Beneficiaries : **Students: 40 Faculty: 8**



Brief Description with Outcomes:

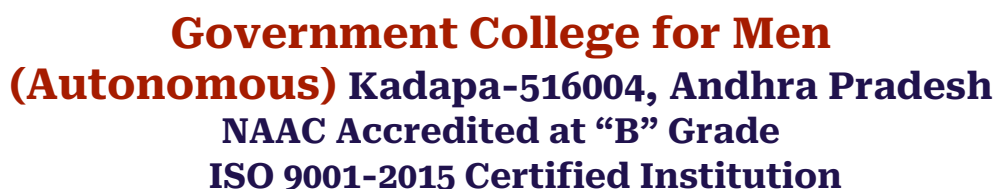
Dr. B. Ramachandra, an esteemed Lecturer in the Chemistry department at Government College for Men (A), Kadapa, organized a significant academic event focusing on UG students. Under the metric 2.3.2 - Counselling on Academic Issues, the offline activity titled "Awareness on Single Major Programme" took place on June 27, 2023, corresponding to the academic year 2022-2023.

This counseling session targeted undergraduate students, aiming to raise awareness about the Single Major Programme. Dr. B. Ramachandra played a pivotal role as the organizer and facilitator. The faculty of Chemistry at GCM (A) Kadapa actively collaborated in making the event a success.

Principal Dr. G. Ravindranath's support was instrumental in the smooth execution of this college-level activity. The counseling session witnessed active participation, with 40 students and 8 faculty members engaging in discussions, queries, and insights related to the Single Major Programme. The outcomes focused on enhancing students' understanding of academic options and fostering a conducive learning environment.



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2.3.2 Counselling on Personal Issues

- | | | | |
|----|------------------------|---|--|
| 1. | Title of the Activity | : | Counseling on personal issues |
| 2. | Organizing Department | : | Chemistry |
| 3. | Name of the Organizer | : | D. Ganesh |
| 4. | Activity Conducted for | : | II Year B.Sc Students |
| 5. | Date | : | 01/08/2022 |
| 6. | Resource Person | : | |
| 7. | Collaborator | : | |
| 8. | No. of Beneficiaries | : | Students: 1 Faculty: 1 |

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At Government College for Men (A) in Kadapa, the Chemistry department, led by D. Ganesh, a dedicated lecturer working with B.Sc students in their second year, organized a valuable initiative titled "2.3.2 Counselling on Personal Issues." The focus of this offline activity, held at the college level on August 1, 2022, was to provide counseling on personal issues to the students.

Principal Dr. G. Ravindranath's support was crucial to the success of this activity, which involved 1 student and 1 faculty member. The one-on-one counseling session aimed to address personal issues and guide individuals towards greater self-awareness. D. Ganesh, serving as the resource person, facilitated a supportive environment for the participants to discuss their interests, skills, values, and personality traits.

The key outcome of the counseling session was the enhanced self-awareness among the participants, equipping them with valuable insights for making informed decisions about their career paths. The initiative exemplified Government College for Men (A)'s commitment to holistic development, recognizing the importance of addressing personal concerns to foster a conducive learning environment.



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