

Government College for Men

(Autonomous) Kadapa-516004, Andhra Pradesh NAAC Accredited at "B" Grade ISO 9001-2015 Certified Institution



AY: 2021-2022 2.3.2 Counselling on Psychological Issues

Title of the Activity 1. **Mental health during Adolescence**

Organizing Department: 2. Zoology

Name of the Organizer 3. Dr. P. Ravi Shekar

Activity Conducted for: 4. **UG Students** 25/10/2021 Date 5.

Resource Person 6. **Dr.V.Lazarus**

Collaborator 7.

Faculty: 12 No. of Beneficiaries Students: 50 8.



లక్ష్య సాధనకు నిరంతరం కృషి చేయండి

కడప(ఎడ్ముకేషన్), ఆక్ట్రోబరు 25. విద్యార్శులు భావోడ్రీకాలను నియ్(తించుకుని, అక్ష్మ సాధనకు నిరంతరం కృషి చేయాలని ప్రైమేయూ అసోసియేట్ బ్రొఫెనర్ లాజరస్ అన్నారు. కడప ఆర్ట్స్ కళాశాలలో సోమవారం జంతుశాస్త్ర విభాగం అధ్యక్షంలో కౌమార దశలో భావోడ్రీకాల నియంత్రణ అనే అంశంపై విద్యార్థు అకు అవగాహన నదస్సు నిర్వహించారు. ముఖ్య అతిధిగా హాజ లైన ఆయన మాట్లాడుతూ భావోడ్రకాలను నియంత్రించుకోగలి గీతే ఉన్నత స్వాయికి చేరుకోవడంతోపాటు సమాజంలో మంచి గౌరవం, గుర్తించు లభిస్తుందన్నారు. దానికి సంబంధించి పలు సూచనలు, నలహాలు అందించారు. మీన్సిపాల్ రవీంద్రనాథ్ మాచనలు, నలహాలు అందించారు. మీన్సిపాల్ రవీంద్రనాథ్ అవనరమన్నారు. విద్యార్థులు మానసికంగా ఆరోగ్యంగ ఖైడే విద్యాణ్యునంలో మంటిగా రాణిస్తారని తెలిపారు. ఆ సమంలో జంతు శాస్త్ర విభాగ అధివతి దాక్టర్ పి.రాజశేఖ పకులు, డాక్టర్ వై.సావిత్రి, డాక్టర్ నరసింహరావు, డాక్ట డాక్టర్ నాగేంద్ర, డాక్టర్ వీరనాగేంద్రకుమార్ పాల్గాన్నారు

కౌమారదశలో భావోద్వేగాల నియంత్రణ అవసరం

ప్రిన్సిపాల్ దా. జ. రవీంద్రనాథ్

వైవీయూ : కొమారదశలో భావోద్వేగాలను నియం తించుకోవాల్సిన అవసరం ఉందని కడప ప్రభుత్వ పురుషుల కళాశాల ప్రిన్సిపాల్ డా. జి. రవీంద్రనాథ్ వురుముల కళాశాల బ్రస్సావాల దా. జి. రవిల్యవసాత అన్నారు. సోమూరం కళాశాల జంతుశాస్త్ర విభాగం ఆధ్వర్యంలో 'కొమార దశలో బాబోద్వేగాల నియం డ్రిడిం-ఆవశ్యకత' అన్న అంశంపై అవగాహన కార్యక్రమం నిర్వహించగారు. ఈ సందర్భంగా త్రిన్ని పాల్ మాట్లాదుతూ విద్యార్థులకు మానసిక

ఆరోగ్యం దాలా ఆవసరమన్నారు. మానసీకంగా ఆరోగ్యంగా ఉన్నప్పుడే విద్యార్థులు విద్యాఖ్యాసం యం చక్కగా కొనసాగించగలరన్నారు. ముఖ్యవక్తగా వివ్ మేత్ప సిన శైమీయా సైకాలణీ అధ్యాపరుడు దా. వి. లాజ నాథ్ రస్ మాట్లాడుతూ ఖావోద్వేగాలను అదుషతో ఉం చుకోవడం వలన మనం అనుకున్న లక్ష్యాలను సులు పుగా చేరుకోగలమని సూచించారు. కార్యక్రమంలో మ... ఆంకాగలమిని సూచిందారు. కార్యకిక అధ్యాపకులు డా. పి.రవిశేఖర్, డా. వై. సావిల సి. నరసింహారావు, డా. శ్రీనీత, నాగేంద్ర, వీర ద్రకుమార్, విద్యార్థులు పాల్గొన్నారు.

Brief Description with Outcomes:

Dr. P. Ravi Shekar, serving as the Convenor in the Zoology department at Government College for Men (A), Kadapa, organized the activity "Counselling on Psychological Issues" tailored for faculty members. This college-level offline counseling session took place on October 25, 2021, focusing on the critical theme of "Mental health during Adolescence," in accordance with metric 2.3.2.

In the execution of this event, the department collaborated with Dr. V. Lazarus, who served as the resource person. It is pertinent to acknowledge the unwavering support of Principal Dr. G. Ravindranath, whose assistance contributed significantly to the successful implementation of the Counselling on Psychological Issues.

The counseling session delved into the importance of mental health during adolescence, catering to the well-being of faculty members. A total of 50 students and 12 faculty participants actively engaged in the session, fostering an environment of support and understanding. The collaboration with Dr. V. Lazarus showcased the department's commitment to addressing crucial aspects of mental health. The backing of Principal Dr. G. Ravindranath underscored the college's dedication to promoting a healthy and supportive academic environment for both students and faculty.











AY: 2021-2022 2.3.2 Counselling on Psychological Issues

Title of the Activity 1. DRUG ABUSE AND EFFECT ON YOUTH

Organizing Department: 2. **NSS**

Name of the Organizer Dr. Y. Savithri 3.

Activity Conducted for: I Year **UG Students** 4.

Date 5. 04/07/2022

Resource Person 6. Dr. Venkata Ramudu, Associate Professor RIMS

Collaborator 7.

8. No. of Beneficiaries Faculty: 2 Students: 30







Brief Description with Outcomes:

The NSS Unit of the college conducted Awareness program on "Drug Abuse and Effect on Youth". Dr. Venkata Ramudu, Associate Professor of RIMS, Kadapa was invited to bring the awareness on drug abuse. He advised the students to be careful about drugs which are harmful to the health. The Principal also participated and gave message to the students to avoid taking drugs







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AY: 2021-2022 2.3.2 Counselling on Psychological Issues

1. Title of the Activity : Awareness Talk on 'Mental Wellness'

2. Organizing Department: Women Empowerment Cell (WEC)

3. Name of the Organizer : Dr. U. Ramya Jyothi

4. Activity Conducted for : UG Students

5. Date : **06/09/2022**

6. Resource Person

7. Collaborator : Prajapitha Bramhakumari Eswareeya Viswavidyalayam

8. No. of Beneficiaries : Students: 65 Faculty: 3









Brief Description with Outcomes:

Dr. U. Ramya Jyothi, a dedicated Lecturer at Government College for Men (A), Kadapa, took the lead in organizing an insightful activity under the Women Empowerment Cell (WEC). The focus of this college-level event was on Mental Wellness, aligning with metric 2.3.2 - Counselling on Psychological Issues. The target audience for this awareness talk comprised undergraduate students, and it was conducted offline on the 6th of September 2022.

Principal Dr. G. Ravindranath's invaluable support significantly contributed to the successful execution of the program. Collaborating with Prajapitha Bramhakumari Eswareeya Viswavidyalayam added depth to the event. The Awareness Talk on 'Mental Wellness' facilitated by the esteemed organization witnessed active participation from 65 students and 3 faculty members. This initiative aimed to foster mental well-being and psychological awareness among the college community.







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AY: 2021-2022

2.3.2 Counselling on Psychological Issues

1. Title of the Activity : Awareness talk on Drug Abuse & Counselling on Psychological issues

2. Organizing Department: NSS

3. Name of the Organizer : Dr. Y. Savithri

4. Activity Conducted for : UG Students

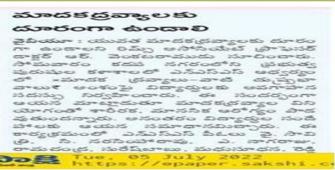
5. Date : **04/07/2022**

6. Resource Person : DR.Y.SAVITHRI

7. Collaborator :

8. No. of Beneficiaries : Students: 30 Faculty: 5









Brief Description with Outcomes:

Government College for Men (A), Kadapa, spearheaded a crucial "Counselling on Psychological Issues" initiative under the guidance of Dr. Y. Savithri, a dedicated NSS lecturer. This college-level offline activity, titled "Awareness Talk on Drug Abuse & Counselling on Psychological Issues," took place on 4th July 2022, with indispensable backing from Principal Dr. G. Ravindranath.

In collaboration with the Zoology department, Dr. Y. Savithri organized and conducted the event, emphasizing awareness about drug abuse and providing counselling for psychological issues. The brief description underscored the importance of addressing mental health concerns among UG students. The initiative drew active participation from 30 students and 5 faculty members, resulting in heightened awareness and support for psychological well-being. This aligns with the college's commitment to nurturing a campus community that prioritizes holistic student development and well-being.







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AY: 2021-2022 2.3.2 Counselling on Psycological Issues

1. Title of the Activity : Awareness Program on Personality Development

2. Organizing Department: Political Science

3. Name of the Organizer : Dr. P. Hari Prasad

4. Activity Conducted for : UG Students

5. Date : 10/07/2022

6. Resource Person : DR.P.HARI PRASAD

7. Collaborator :

8. No. of Beneficiaries : Students: 15 Faculty: 2



వ్యక్తిత్వ వికాసానికి పునాదులు **కడవ**: విద్యార్మలు వ్యక్షిత్వ వికాసానికి పునాదులు వేనుకోవాలని ఎన్ఏ యూనివర్శిటీ రిటైర్డ్ ప్రాఫెసర్, పొలిటికల్ సైన్స్ అంద్ పబ్లిక్ అడ్మిని(స్టేషన్ డిపార్ట్ మెంట్ ఆచార్య సోమవారం స్థానిక [ప్రభుత్వ పురుషుల కళాశాలలో రా విభాగం అధిపతి దాక్షర్ పి.హర్మిపసాద్ అధ్యక్షతన ంచ జనాభా దినోత్సవం సందర్భంగా విద్యార్థులకు వ్యక్తిత్వ వికానం- జనాభా పెరుగుదల అవగాహన కార్యక్రమం నిర్వహించారు. పెరుగుదల హాజరైన బి.వి. చలపతి మాట్లాడుతూ ఆశయం ముఖ్యమని సూచించారు. పెరుగుదల లాభనషాల ప వివరించారు. జనిసతి దాకర్ కె.చక్రవర్తి గొంద్యాల, విద్యార్భులు పాల్గొన్నారు



Tue, 12 July 2022 epaper.prajasakti







Brief Description with Outcomes:

The Department of Political Science organized a guest lecture on "Personality development by inviting retired Professor B.V Chalapathyand Head, Dept of Political Science and Public Administration, SV University, Tirupati. The students interacted with the speaker and got enlightened to develop their personality to achieve set goals.











AY: 2021-2022 2.3.2 Counselling on Academic Issues

Title of the Activity 1. Pariksha Pe Charcha Proramme

Organizing Department: 2. Zoology

Name of the Organizer Dr. P. Ravi Shekar 3.

UG Students Activity Conducted for: III Year 4.

Date 01/04/2022 5.

Resource Person 6.

Collaborator 7.

No. of Beneficiaries 8. Faculty: 3 Students: 25





Brief Description with Outcomes:

The organizer of the activity, Dr. P. Ravi Shekar, a lecturer at Government College for Men (A), Kadapa, conducted the "Counselling on Academic Issues" program. This initiative, targeted towards third-year undergraduate students, took place offline on April 1, 2022, at the college level. The activity aimed to raise awareness about examinations and assist students in creating a study schedule. The event featured the "Pariksha pe charcha" program with a minister.

Acknowledging the support of Principal Dr. G. Ravindranath in executing the activity, the collaboration involved 25 students and 3 faculty members. The counseling session served as a platform for students to discuss academic concerns, enabling them to better prepare for upcoming exams.











AY: 2018-2019 2.3.2 Counselling on Academic Issues

Title of the Activity **Counseling on Career Development** 1.

Organizing Department: **Women Empowerment Cell (WEC)** 2.

Name of the Organizer N. Sivaparvathi 3.

Activity Conducted for: **III Year Women Students** 4.

Date 04/01/2018 5.

Resource Person 6.

Collaborator 7.

No. of Beneficiaries 8. Students: 15 Faculty: 2



Brief Description with Outcomes:

At Government College for Men (A) in Kadapa, the Women Empowerment Cell (WEC), led by the Coordinator, N. Sivaparvathi, organized a meaningful activity aimed at supporting women students in their academic journey. The event, titled "Counselling on Academic Issues," took place during the academic year 2018-2019 and specifically targeted third-year students.

The Counseling session focused on Career Development, addressing academic challenges and providing guidance for future endeavors. The Coordinator, N. Sivaparvathi, encouraged the students to work hard to achieve high percentages in their respective subjects. Additionally, the session aimed to instill confidence in students to face challenges prevalent in society.

The key outcomes of the "Counselling on Academic Issues" initiative were centered around empowering women students to overcome academic hurdles and build confidence for the future. By addressing individual concerns and providing personalized guidance, the activity contributed to the holistic development of the participants. This aligns with the college's dedication to supporting its students in their educational pursuits and preparing them for future challenges.







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AY: 2022-2023 2.3.2 Counselling on Academic Issues

1. Title of the Activity : Awareness on Single Major Programme

2. Organizing Department: Chemistry

3. Name of the Organizer : Dr. B. Ramachandra

4. Activity Conducted for : **UG Students**

5. Date : **27/06/2023**

6. Resource Person : Faculty of Chemistry, GCM (A) kadapa.

7. Collaborator : Dr.B.Rajeswari

8. No. of Beneficiaries : Students: 40 Faculty: 8









Brief Description with Outcomes:

Dr. B. Ramachandra, an esteemed Lecturer in the Chemistry department at Government College for Men (A), Kadapa, organized a significant academic event focusing on UG students. Under the metric 2.3.2 - Counselling on Academic Issues, the offline activity titled "Awareness on Single Major Programme" took place on June 27, 2023, corresponding to the academic year 2022-2023.

This counseling session targeted undergraduate students, aiming to raise awareness about the Single Major Programme. Dr. B. Ramachandra played a pivotal role as the organizer and facilitator. The faculty of Chemistry at GCM (A) Kadapa actively collaborated in making the event a success.

Principal Dr. G. Ravindranath's support was instrumental in the smooth execution of this college-level activity. The counseling session witnessed active participation, with 40 students and 8 faculty members engaging in discussions, queries, and insights related to the Single Major Programme. The outcomes focused on enhancing students' understanding of academic options and fostering a conducive learning environment.











AY: 2021-2022 2.3.2 Counselling on Personal Issues

Title of the Activity Counseling on personal issues 1.

Organizing Department: Chemistry 2.

Name of the Organizer D. Ganesh 3.

Activity Conducted for: **B.Sc Students** I Year 4.

07/03/2022 Date 5.

Resource Person 6.

Collaborator 7.

8. No. of Beneficiaries Students: 1 Faculty: 1



	Depar	tment of	Chemistry	
Name of the a	ctivity : Career Cou ounsellor : D · G A A			
Date	Name of the student	Class/ Semester	Counselling given on	Signature of the student
15/12/2021	C.Shashanka	MPC I Sem	for getting good	C. Shauhanka
200c/E0/F0	K. siddartha	GPC	how to get self confidence	C. SiddaxHa
01/08/2022	_T.manikanta	BZC IV sem	how to face	J. marienta P. Naraninha
05/09/2022	PoNarasimha	BZ-C TU Sem	how to clear PGCET exam	P. Narasimha

Brief Description with Outcomes:

D. Ganesh, a dedicated Lecturer in the Chemistry department at Government College for Men (A), Kadapa, took the lead in organizing a significant activity tailored for first-year B.Sc students. The activity, titled "2.3.2 Counselling on Personal Issues," focused on providing valuable counseling on personal matters. This offline counseling session, conducted on March 7, 2022, played a crucial role in the ongoing 2021-2022 academic year.

Acknowledging the support of Principal Dr. G. Ravindranath in the flawless execution of this counseling initiative is paramount. The Brief Description encapsulates the essence of the activity, emphasizing the role of career counseling in fostering self-awareness. Participants were guided to understand their interests, skills, values, and personality traits, empowering them to make informed decisions about their career paths.

The key outcomes of the Counseling on Personal Issues activity are centered around enhancing self-awareness among the participants. By delving into their individual strengths and preferences, the counseling session aimed to equip students with the tools to make informed decisions, thereby positively impacting their academic and professional journeys. The commitment to such holistic development initiatives underscores the ethos of Government College for Men (A), Kadapa.







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AY: 2022-2023 2.3.2 Counselling on Personal Issues

1. Title of the Activity : Counseling on personal issues

2. Organizing Department: Chemistry

3. Name of the Organizer : D. Ganesh

4. Activity Conducted for : II Year B.Sc Students

5. Date : **05/09/2022**

6. Resource Person :

7. Collaborator :

8. No. of Beneficiaries : Students: 1 Faculty: 1



	Depar	tment of	<u>Chemistry</u>	
Name of the a	counsellor: D. GAN			
Date	Name of the student	Class/ Semester	Counselling given on	Signature of the student
15/12/2021	C.shashanka	MPC I Sem	for getting good marks in exam	C. Shauhanka
\$505/F03	K. siddartha	GPC	how to get self-	r. Sadarka
01/08/2022		BZC	how to face	J. manikarka
05/09/2022	P. Narasimha	BZ-c DI Sem	how to clear PGCET exam	P. Narasinha
		-		
		-		

Brief Description with Outcomes:

At Government College for Men (A) in Kadapa, the Chemistry department, led by D. Ganesh, a dedicated lecturer guiding second-year B.Sc students, conducted an impactful offline activity titled "2.3.2 Counselling on Personal Issues." Executed at the college level on September 5, 2022, this initiative targeted the academic year 2022-2023.

Acknowledging the essential support of Principal Dr. G. Ravindranath, the activity involved 1 student and 1 faculty member. The counseling session addressed personal issues, emphasizing career counseling to enhance self-awareness. D. Ganesh, as the resource person, created a supportive environment for participants to explore their interests, skills, values, and personality traits.

The key outcome of the counseling session was evident in the heightened self-awareness among the participants, empowering them to make informed decisions about their career paths. The initiative showcased Government College for Men (A)'s commitment to holistic development, recognizing the significance of addressing personal concerns to foster a conducive learning environment. The personalized approach of "Counselling on Personal Issues" resonated with the college's ethos of providing valuable support for individual growth.







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AY: 2022-2023 2.3.2 Counselling on Personal Issues

1. Title of the Activity : Counseling on personal issues

2. Organizing Department: Chemistry

3. Name of the Organizer : D. Ganesh

4. Activity Conducted for : Il Year B.Sc Students

5. Date : **01/08/2022**

6. Resource Person :

7. Collaborator :

8. No. of Beneficiaries : Students: 1 Faculty: 1



	Depar	tment of	Chemistry	
Name of the a				
Date	Name of the student	Class/ Semester	Counselling given on	Signature of the student
15/12/2021	C.shashanka	MPC I Sem	for getting good marks in exam	C. Sharbanka
\$400/F0	k.siddartha	GIPC	how to get self- confidence	V. Saddarka
01/08/2022	T. manikanta	BZC IV sem	how to face	J. maricanta
05/09/2022	PoNarasimha	BZ-C TU Sem	how to clear PGCET exam	P. Narasinha
				_

Brief Description with Outcomes:

At Government College for Men (A) in Kadapa, the Chemistry department, led by D. Ganesh, a dedicated lecturer working with B.Sc students in their second year, organized a valuable initiative titled "2.3.2 Counselling on Personal Issues." The focus of this offline activity, held at the college level on August 1, 2022, was to provide counseling on personal issues to the students.

Principal Dr. G. Ravindranath's support was crucial to the success of this activity, which involved 1 student and 1 faculty member. The one-on-one counseling session aimed to address personal issues and guide individuals towards greater self-awareness. D. Ganesh, serving as the resource person, facilitated a supportive environment for the participants to discuss their interests, skills, values, and personality traits.

The key outcome of the counseling session was the enhanced self-awareness among the participants, equipping them with valuable insights for making informed decisions about their career paths. The initiative exemplified Government College for Men (A)'s commitment to holistic development, recognizing the importance of addressing personal concerns to foster a conducive learning environment.











AY: 2021-2022 2.3.2 Counselling on Personal Issues

Career Counselling Title of the Activity 1.

Organizing Department: 2. Chemistry

Name of the Organizer D. Ganesh 3.

Activity Conducted for: I Year 4. **B.Sc Students**

Date 5. 15/12/2021

Resource Person 6.

Collaborator 7.

Faculty: 1 No. of Beneficiaries 8. Students: 1



Government College for Men (A) Kadapa

Department of Chemistry

e of the Counsellor : D. GANESH

Date	Name of the student	Class/ Semester	Counselling given on	Signature of the student
15/12/2021	C.shashanka	MPC I Sem	for getting good marks in exam	C. Showhanka
07/03/2021	K. siddartha	GPC	how to get self- confidence	r-Suddanna
०। (७८१२०२२	J. manikanta	BZC V sem	how to face	J. manicanta
05/69/2022	P. Narasimha	BZ-C TN Sem	how to clear PGCET exam	P. Narasim
8				

Brief Description with Outcomes:

D. Ganesh, a Lecturer in the Chemistry department at Government College for Men (A), Kadapa, took the initiative to organize a valuable activity aimed at first-year B.Sc students. The activity, titled "2.3.2 Counselling on Personal Issues," specifically focused on Career Counselling. This offline counseling session, conducted on December 15, 2021, was an integral part of the 2021-2022 academic year.

The collaboration details and resource person specifics are not provided, but it is important to express gratitude for the unwavering support of Principal Dr. G. Ravindranath in executing this counseling session. The Brief Description highlights the significance of career counseling in fostering self-awareness among individuals.

The key outcomes of the Career Counselling activity include the participants gaining valuable insights into their individual strengths and preferences. By fostering self-awareness, the counseling session aimed to empower students to make informed decisions, contributing positively to their academic and professional journey. The support and active participation in such initiatives reflect the commitment of Government College for Men (A), Kadapa, to the holistic development of its students.









NAAC Accredited at "B" Grade ISO 9001-2015 Certified Institution

AY: 2021-2022 2.3.2 Mentor-Mentee Programme

Title of the Activity **CSP Mentor** 1.

Organizing Department: **History** 2.

Name of the Organizer 3. N. Sivaparvathi

Activity Conducted for: I Year **B.A Students** 4.

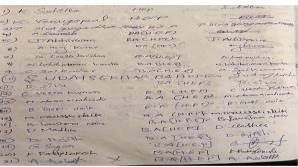
Date 5. 21/07/2022

Resource Person 6.

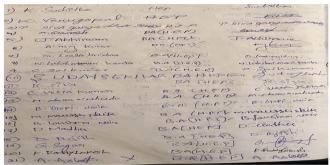
Collaborator 7.

No. of Beneficiaries 8. Faculty: 1 Students: 21









Brief Description with Outcomes:

N. Sivaparvathi, serving as an Internship Mentor in the History department at Government College for Men (A), Kadapa, spearheaded a "Mentor-Mentee Programme" for first-year B.A students. The activity, falling under Metric No. 2.3.2, aimed to guide students through the Community Service Programme (CSP) as part of their curriculum. Conducted offline at the university level on July 21, 2022, during the academic year 2020-2021, the program had 21 student participants from the I st Semester HEP Group, along with one faculty participant.

We express our gratitude to Principal Dr. G. Ravindranath for his consistent support in successfully executing the "Mentor-Mentee Programme." His encouragement played a pivotal role in ensuring the program's effectiveness and positive impact on the students.

The "Mentor-Mentee Programme" facilitated by N. Sivaparvathi had a significant outcome in creating awareness about Community Service among the participating students. The initiative, as outlined in the brief description, showcases the department's commitment to enriching the learning experience by incorporating practical and community-oriented aspects into the curriculum. The mentorship provided by N. Sivaparvathi contributed to fostering a sense of responsibility and civic engagement among the first-year B.A students.



